

Get your COVID-19 vaccine

Please review this information carefully. Let your immunizer know if you have any questions.

What you need to know about the COVID-19 vaccine:

- Getting all recommended doses of the COVID-19 vaccine, including booster doses, provides strong protection against severe illness, hospitalization and death from COVID-19 infection.
- Vaccination is still recommended after you have had a COVID-19 infection and may strengthen protection against current and future variants of the virus.
- Get your next dose at the recommended interval when possible. If you need protection sooner, you can get your vaccine at the shorter, minimum interval. A longer interval is recommended as it has been shown to result in a better immune response compared to a shorter interval.



For children 6 months to 11 years of age:

- Children should get all recommended doses of the COVID-19 vaccine. This is especially important for children who have underlying medical conditions.
- The Pfizer and Moderna COVID-19 vaccines for children use a smaller dose than the adult COVID-19 vaccines. A lower dose works because children have a stronger immune response than adults.
- Children six months of age and older can get their COVID-19 vaccine at the same time, before or after other vaccines.
- For more information including resources and strategies on how to help your child prepare for their vaccination, visit halton.ca/COVIDvaccines4kids.

What to expect after getting a COVID-19 vaccine:

What should I do right after receiving the vaccine?

Wait for **5-15 minutes** to ensure you are feeling well. You may be asked to wait for **30 minutes** if there is a concern about a possible vaccine allergy.

Vaccine providers are trained to screen for allergies and provide immediate care if you experience an allergic reaction. Let your immunizer know if you have a history of serious allergies or fainting after vaccination.



Tell clinic staff if you are feeling unwell or if any of these symptoms develop:



Hives
(bumps on skin that are itchy)



Difficulty breathing



Swelling of your face, tongue or throat



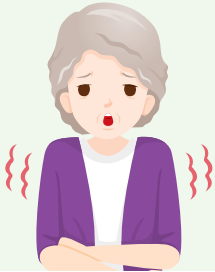
Dizziness

Common symptoms after vaccination:

Where you got the vaccine:

- Pain, redness, or swelling

Note: Delayed pain, redness, and swelling can occur many days following vaccination. It is usually not serious and will clear up on its own.

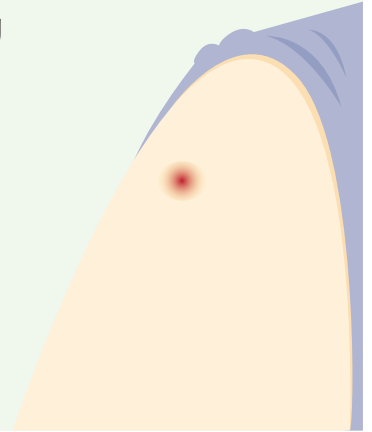


Other symptoms:

- fever
- chills
- tiredness
- headache
- muscle/joint pain

Children six months to under two years may experience:

- irritability/crying
- sleepiness
- loss of appetite



Rare risks from the COVID-19 vaccine:

Allergic reactions to the vaccine and other serious side effects are rare. While uncommon, there is a small risk of developing the following after receiving a COVID-19 vaccine: Bell's Palsy, myocarditis/pericarditis, anaphylaxis, or Multi-Inflammatory Syndrome (MIS-C/A). Contact your doctor if you develop any of the symptoms below. Symptoms may occur within a week or more after receiving the vaccine. If your symptoms are severe, call 911.

- hives or itchy skin
- swelling of the face or mouth
- trouble breathing or wheezing
- serious drowsiness
- high fever (over 40°C)
- convulsions or seizures
- muscle weakness/loss of feeling in the face
- chest pain, shortness of breath or excessive sweating
- feeling of a fast, pounding or fluttering heartbeat
- other serious symptoms (for example, "pins and needles" or numbness)



For more information about COVID-19 vaccines, visit halton.ca/COVIDvaccines.