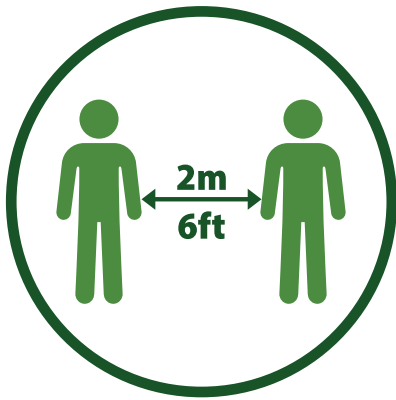


Prevent the spread of the Flu and COVID-19



Stay six feet (two metres)
from others



Don't visit if you are sick or
self-isolating



Masks must be worn at
all times
(indoors and outdoors)



Do not touch your mask,
eyes, nose and mouth



Get the flu shot



Cough or sneeze
into the bend of your
elbow or a tissue



Wash hands or use hand
sanitizer



If you feel sick, go
home and call your
physician

For more information on the Flu and COVID-19, please visit
[halton.ca/flu](https://www.halton.ca/flu) and [halton.ca/covid19](https://www.halton.ca/covid19)