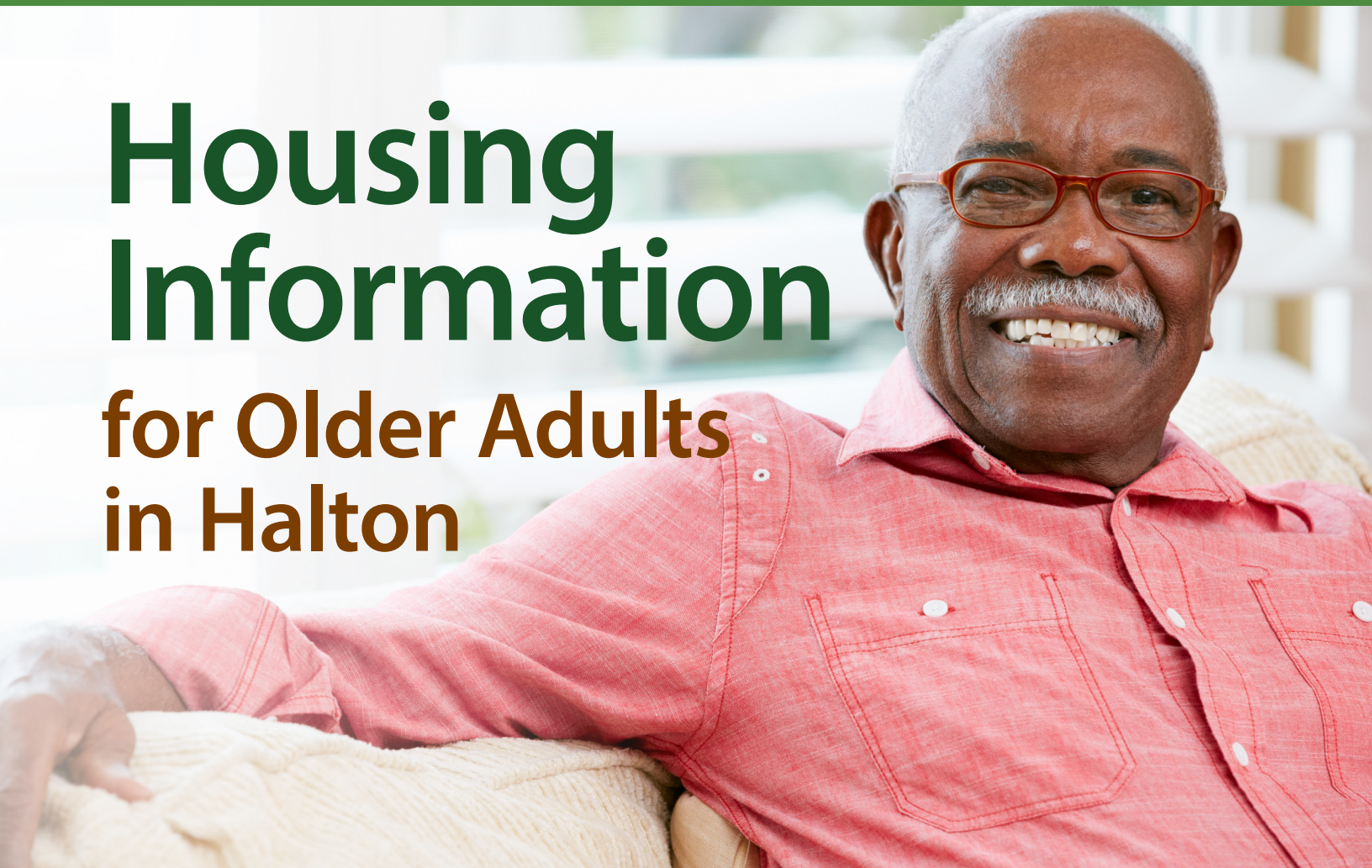


# Housing Information

## for Older Adults in Halton



A Guide for Older Adults, Caregivers and Service Providers



# Emergency housing

Halton's emergency shelters and services help individuals and families regain stable housing. Please check the following resources if you are facing eviction, are in an abusive situation or have an emergency housing or mental health crisis.

**If you are facing homelessness or eviction, call 311 and we will help you to find the best options.**

- **Salvation Army Halton Lighthouse**

Provides emergency housing and counseling services to men aged 16 and over experiencing homelessness. Call 311 for more information.

- **Wesley Urban Ministries Emergency Supportive Housing (Hamilton)**

Provides emergency housing and counseling services to women and families with children that may be in need of emergency shelter. Call 311 for more information.

- **Housing Stability Fund**

One-time assistance to prevent homelessness (last month's rent arrears, storage or moving cost assistance). If you are homeless or at risk of becoming homeless, call 311 to discuss your situation with a housing worker.

- **Crisis Outreach and Support Team (COAST)**

Provides immediate outreach and support to Halton residents aged 16 and over who are experiencing a mental health crisis. Receive support over the phone or in person from our mobile crisis professionals and plain clothes police officer team who are specially trained to provide support and create a plan to keep you safe.

Toll free .....1-877-825-9011

- **Halton Women's Place Emergency Shelters**

Provides shelter and crisis services for physically, emotionally, financially and sexually abused women and their dependent children.

North Halton..... 905-878-8555

South Halton.....905-332-7892

**[www.haltonwomensplace.com](http://www.haltonwomensplace.com)**





# Introduction to Housing Information

Throughout our lives, shelter remains a basic need. But for older adults, what constitutes safe shelter can change dramatically with our changing circumstances. Situations that were comfortable for many years may become difficult or inappropriate. Transitions related to the aging process can affect our quality of life and raise questions about our housing needs. Many factors may be involved – our health, mobility, accessibility, finances, driving or transportation needs, our cognitive skills and awareness. Any of these factors may impact our housing needs and the appropriateness of our present housing situation.

At the same time, our housing options may be affected by external circumstances outside of our control. The availability of different types of housing vary widely from community to community, depending on their approved official plans for growth and development.

Municipalities face ongoing pressure to create new housing stock. Often, this means building “up” instead of building “out” – building more low-rise or high-rise units to create more densely populated urban spaces. In addition, government policies and services that encourage us to “age in place” may impact our personal housing preferences and decisions.

This booklet outlines the many choices to consider when thinking about your housing needs. See Appendix A on page 26 for ideas that may help you analyze your needs and priorities.

**Housing Information** is just one of the many Older Adult Advisory Committee (OAAC) publications that provide information and resources to assist Halton’s older adult population plan for the future. Please refer to the back cover for a complete listing of other publications.

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Home and Community Care Support Services (HCCSS) provides a variety of supports including nursing, personal care, rehabilitation services, companion care, and respite care that are available in any housing option if you qualify. For more on services available to you and to request an eligibility review, call toll free:

Burlington ..... 1-800-810-0000  
 Halton Hills, Milton and Oakville ..... 1-877-336-9090

# Resources to help you stay in your home or apartment



Consider the following resources to keep you independent in your home:

1. Personal supports
2. Financial supports
3. Ideas to modify your home

## Personal supports

For a variety of non-profit and government funded programs that provide support to individuals, refer to the Halton Older Adults' Directory at [www.halton.ca](http://www.halton.ca) or call 311 to request a copy.

## Home and Community Care Support Services

Home and Community Care Support Services connects you with the care you need at home and in your community. They can coordinate access to in-home services such as nursing, personal support, physiotherapy, caregiver supports and more. They can also refer you to local community supports and can be your link to long-term care in your community when it becomes difficult for you to live independently.

Burlington ..... 1-800-810-0000  
Halton Hills, Milton and Oakville  
..... 1-877-336-9090

## Financial supports

The cost of remaining in your present location can be a concern. Bank employees or financial advisors can help you to examine your options and plan your finances for the future. Always seek professional advice before making a decision.

## Older Adult Property Tax Deferral Program

The Older Adult Property Tax Deferral Program supports older adults who need financial help to live in their own homes longer. The program, developed by Halton Region in partnership with the Local Municipalities, enables older adults (65 years old and older) with a total income below the Assisted Housing Income Threshold to defer their annual property tax payments. The Assisted Housing Income Threshold is assessed annually and as of January 2022, the rate is \$61,700.

Call 311 or go to [www.halton.ca](http://www.halton.ca)

## Property tax rebates

Local Municipalities may also offer property tax grants or rebates to older adults.

City of Burlington

..... 905-335-7750

Town of Halton Hills

..... 905-873-2601

Town of Milton

..... 905-864-4142

Town of Oakville

..... 905-338-4222

## Ontario Ministry of Finance programs

A number of programs offer help to older adults including: Ontario Seniors' Public Transit Tax Credit, Senior Homeowners' Property Tax Grant, Guaranteed Annual Income System and the HST/GST Rebate.

Toll free..... 1-866-668-8297

**[www.fin.gov.on.ca](http://www.fin.gov.on.ca)**

For a complete summary of benefits available to you, consult the Provincial Benefits Finder **[ontario.ca/page/find-benefits-and-programs](http://ontario.ca/page/find-benefits-and-programs)**

## Energy Affordability Program (EAP)

The EAP provides support to income-eligible electricity consumers by helping them upgrade their homes to lower their monthly electricity costs.

**[www.saveonenergy.ca](http://www.saveonenergy.ca)**

Toll free..... 1-888-770-3148

## Ontario Electricity Support Program

Reduces electricity bills for low income households. For eligibility and more information, visit

**[www.ontarioelectricitysupport.ca](http://www.ontarioelectricitysupport.ca)**

For more information regarding Government pensions, benefits and services, go to **[www.benefitsfinder.gc.ca](http://www.benefitsfinder.gc.ca)**.

## Using the value of your home

A line of credit or reverse mortgage allows you to convert some or all of the value of the home into cash while remaining in your home.

It is very important to consult a financial expert before making any decisions about a line of credit or reverse mortgage.

For more information on the options available to you, contact the Financial Consumer Agency of Canada. Visit [www.fcac-acfc.gc.ca](http://www.fcac-acfc.gc.ca)

## Home renting/Basement apartments

Sharing your home or renting a portion of it can provide extra income.

Review the Government of Ontario's guide to adding a second unit in your house.

[www.ontario.ca/page/add-second-unit-your-house](http://www.ontario.ca/page/add-second-unit-your-house)

## Equality

A collective of individuals, groups and organizations with a shared goal to create more affordable housing.

[www.egality.ca](http://www.egality.ca)

## Ideas to modify your home

Renovating your own home to meet your current and future needs can help you maintain your independence as you grow older. Some options to consider include:

- installing grab bars in the washroom;
- altering the shower or bathtub;
- installing hand railings or a stair lift;
- modifying kitchen cupboards; and
- relocating a bedroom to the main floor.

See Appendix B on page 29 for more tips to make your home safe.

Links2Care provides support with home maintenance and minor repairs.

Burlington, Milton and Oakville  
..... 905-844-0252

Halton Hills  
..... 905-873-6502

[www.links2care.ca](http://www.links2care.ca)



# Resources

## **Canada Mortgage and Housing Corporation**

Provides a variety of free publications and information on renovations, accessibility and aging in place, including:

- **Maintaining Seniors Independence Through Home Adaptations – Self-Assessment.** A large-print guide to adapting living spaces to better suit personal challenges.

- **Accessible Housing by Design.**

A room-by-room series suggesting renovations to make living spaces more accessible.

- **Helpful Home Changes for People Living with Dementia.** Tips to adapt the home for someone living with dementia.

- **Preventing Falls on Stairs.** Tips to reduce the risk of falls.

- **Low and No Cost Modifications for Accessibility.** Ideas on how to make a home safer, more comfortable and more accessible for everyone.

Toll free..... 1-800-668-2642

**[www.cmhc-schl.gc.ca](http://www.cmhc-schl.gc.ca)**

## **Halton Accessibility Repair Program (HARP)**

HARP provides funding to eligible Halton homeowners for home modifications needed to improve accessibility and independent living.

Examples of modifications include safety handrails to assist with walking up or down stairs or a walk in shower to use the bathroom more independently.

Call 311 or go to

**[www.halton.ca](http://www.halton.ca)**

## **Veterans Affairs Canada**

Provides many programs (financial assistance for home modifications, grounds maintenance and housekeeping).

Toll free..... 1-866-522-2122

**[www.vac-acc.gc.ca](http://www.vac-acc.gc.ca)**

## **March of Dimes Canada**

The Home & Vehicle Modification®

Program provides funding for basic home and vehicle modifications to enable children and adults with mobility-restrictive disabilities to continue living safely in their homes, avoid job loss and participate in their communities.

Toll free..... 1-877-369-4867

**[www.marchofdimes.ca](http://www.marchofdimes.ca)**

## **Ontario Ministry of Finance**

The Ontario Ministry of Finance's Property Tax Relief for Residences Built or Modified to Accommodate Seniors or Persons with Disabilities provides property tax relief to eligible property owners who modify their homes to accommodate a senior. The value of the alteration or addition is exempt from property taxation.

Toll free..... 1-866-296-6722

TTY..... 1-877-889-6722



# New approaches to shared living



## Co-housing

Co-housing is a housing option where two to six people plan and customize their housing based on their needs. Residents own their own housing unit but share common spaces such as kitchen, dining, recreational facilities and garden area.

Co-living allows for mutual support, shared resources and workloads. These shared resources can include a caregiver, cook and driver on an “as needed basis” and all costs are shared equally.

These co-housing communities can be designed for physical accessibility as well as financial, environmental and social sustainability. Large, shared common facilities and individually-owned small dwellings preserve privacy while valuing community.

## Resources

### Oak Hill Co-Living

..... 519-994-1906

[www.oakhillcoliving.wordpress.com](http://www.oakhillcoliving.wordpress.com)

### Canadian Cohousing Network

[www.cohousing.ca](http://www.cohousing.ca)

**Cohousing Options Canada**  
[www.cohousingoptions.ca](http://www.cohousingoptions.ca)

## Garden suite

A garden suite is a structure installed in the backyard of an existing home owned by the garden suite resident’s family member. It allows an individual to live independently and remain close to family for mutual assistance. Check with your Local Municipality for building zoning and transferability requirements.

## Resources

### Canadian Manufactured Housing Institute

This organization is the official representative for members of the manufactured home industry (builders, retailers, realtors and suppliers). They also maintain a list of registered member builders and retailers of manufactured homes.

..... 613-230-3060, ext. 240

[www.cmhi.ca](http://www.cmhi.ca)

# Alternative housing options



## Life lease housing

Life lease housing is usually owned and managed by non-profit community based groups. Residents (often those aged 65 and older) pay for the right to occupy a unit by purchasing a lease with an upfront payment and pay a monthly maintenance fee. Unlike renting, the lease is for a set number of years or for life. When the resident moves out, the lease is sold at fair market value (less a fee) to another older adult through the life lease corporation.

### How to apply

You must apply to the individual life lease building or corporation. Each corporation may have their own regulations for their buildings.

### Considerations

- Life lease housing developments may be in the form of individual houses, high rises, low rises or row housing.

- Maintenance fees will be applied and property taxes are charged by the municipality.
- You can socialize and find new companions in these arrangements.
- You can be close to family, friends, local amenities and services.
- Private services can also be purchased.
- Life lease housing is unregulated.

### Where in Halton?

For more information, call life lease projects serving older adults in Halton:

The Gardens by Marantha  
3290 New St., Burlington  
..... 905-581-6154

The Gallery at Bennett Village  
200 Halton Hills Dr., Georgetown  
..... 905-702-1247

Marion Courtyard  
137 Martin St., Milton  
..... 905-878-1951

Woodside Mews  
290 Woodside Dr., Oakville  
..... 905-338-1657

# Purchased condominiums

Purchased condominiums are dwellings (bungalows, apartments, and townhouses) purchased from private housing providers. Unlike life leases, you own your unit and share common spaces and you're responsible for selling the unit when you move. Types of buildings and services may vary from site to site. There is an opportunity to be involved in the governance of the property by participating on the condominium board of directors.

## How to apply

For condominiums throughout Halton, check with your local real estate office. Look for a Seniors Real Estate Specialist (SRES designation) as they will be more familiar with options that better suit your needs.

## Considerations

- Ownership in real estate could provide an increase in your purchased property's value.
- It provides privacy.
- Monthly condominium fees will apply and may increase as property costs increase.
- You can socialize and find new companions in these arrangements.
- Helps to maintain your independence and you can be close

to family, friends, local amenities and services.

- Governed by the *Condominium Act 1998*.

## Where in Halton?

Condominiums are located throughout Halton and can be found and purchased through the owner or a real estate agent. The ones listed below are specifically for seniors and offer services as well.

### Condominiums for older adults

Hearthstone by the Lake

100 Burloak Dr., Burlington

..... 905-333-9194

## Resources

Canada Mortgage and Housing Corporation offers a variety of free publications including the Condominium Buyer's Guide.

Toll free..... 1-800-668-2642

**[www.cmhc.ca](http://www.cmhc.ca)**

Be sure to consult the Ontario Condo Buyers Guide before purchasing or renting a condo (preconstruction or resale).

**[www.condoauthorityontario.ca/resources](http://www.condoauthorityontario.ca/resources)**



## Retirement villages (adult lifestyle communities)

A retirement community is a housing complex designed for older adults who are generally able to care for themselves. However, assistance from home care agencies is provided in some communities, and activities and socialization opportunities are often provided. A management company may maintain the grounds and provide repair services.

### How to apply

There are no special eligibility requirements. Apply to individual housing sites to become a tenant.

### Considerations

- May have safety and security features.
- Provides privacy.
- Less maintenance and chores than having your own home.
- Services available to support independent living for older adults may vary.

- You can socialize and find new companions in these arrangements.
- Helps to maintain your independence and you can be close to family, friends, local amenities and services.

### Where in Halton?

Although there are no true retirement villages in Halton, these complexes offer a community for older adults or a variety of housing and services in one area.

Barber Glen Community  
(bungalows for older adults)  
Georgetown South  
Call real estate agents for information.

Village of Walkers Green,  
Heritage Walk  
(rental bungalows) and Heritage Place  
(retirement residence)  
4151 Kilmer Dr., Burlington  
..... 905-315-2500

Burlington Gardens  
(bungalows, apartments and  
retirement residence)  
300 Plains Rd. W., Burlington  
..... 905-521-0888



# Rental units



## Halton Housing Help

Halton Housing Help connects you to housing supports. Working in collaboration with community partners, Halton Housing Help supports individuals to access and maintain safe and affordable housing.

- Supports renters and landlords by providing information, referrals and access points to housing programs and resources in the community.
- Central access point to housing supports and services in Halton.

### Services include:

- A telephone support to answer general questions about housing resources in Halton (call 311).
- One-to-one support to help individuals and older adults who require more intensive support to meet their housing needs. Call 311 to book an appointment.
- Online resources through the Halton Housing Help web pages that link to various housing supports in Halton including rental listings.

Visit [www.halton.ca](http://www.halton.ca)

There are different types of rental units available in Halton, for example:

- **Regular apartments** in privately owned multi-unit buildings.
- **Accessory apartments** in private homes.
- **Seniors apartment** buildings, exclusively for seniors.
- **Co-op** units (see page 12).

# Cost of renting in Halton

When you are looking for a rental unit, the cost will depend on what type of rent is assigned to the unit. There are three main types of rent: assisted, affordable and market rent.

## Assisted housing rent

This is rent that is subsidized by a government program. There are two types:

### 1. Rent-geared-to-income (RGI):

A type of assisted housing subsidy. Rent is based on 30 per cent of your gross monthly household income (income before tax is deducted).

### 2. Portable Housing Benefits:

Eligible Halton residents referred from the Halton Access to Community Housing (HATCH) wait list receive a housing allowance directly. Portable Housing Benefit funding is determined by your current rent and amount of total household income. Funding is similar to the amount provided through regular rent-geared-to-income (RGI) housing assistance. Funding is portable and follows you anywhere you rent in Halton.

## Halton Access to Community Housing (HATCH)

**HATCH** is the centralized waitlist for RGI housing in Halton. For more information or to apply to the waitlist, call 311 to speak with a representative or visit [www.halton.ca](http://www.halton.ca)

To be eligible for RGI seniors housing through HATCH, all members of the household must:

- be able to live independently;
- be a Canadian citizen or a Permanent Resident; or have made an application for permanent residency, sponsorship or refugee protection under the *Immigration and Refugee Protection Act (Canada)* and have not been issued a removal order that has become enforceable;
- not owe money to another RGI housing provider in the Province of Ontario; and
- be 65 years old (or older) or 60 to 64 years old and require support services (a senior who does not require support services may apply at age 60 but will not be offered housing until 65 years of age).

Some housing sites are not part of HATCH and must be accessed directly. These sites may also have different housing eligibility requirements.

## Affordable rent

Some private and non-profit providers receive funding from the federal or provincial governments to charge a reduced amount (at or below 80 per cent of average market rent based on Canada Mortgage Housing Corporation data).

### Considerations for assisted and affordable housing units

- Rent may change when your income changes.
- Wait lists vary depending on services required and building preferences. Call 311 for more information.

## Market rent

This is full price rent as found in private buildings, accessory apartments and in some of the units in social housing buildings. It is rent that is not subsidized by the government.

### How to apply

Apply directly to individual buildings, apartments or condominium owners.

### Where in Halton?

Look in local newspapers for privately owned buildings catering to residents of all ages or for accessory apartments. Real estate agencies may also have information about rental units.

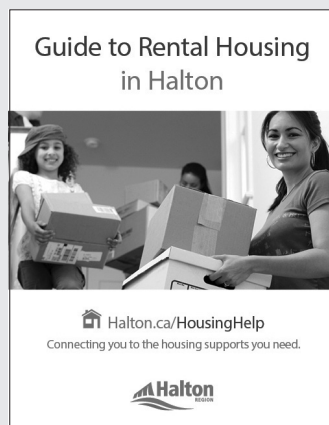
### Considerations

- May provide safety checks and security systems.
- Market rents vary from location to location.
- May require a 12-month rental agreement.
- Helps to maintain your independence and you can be close to family, friends, local amenities and services.
- Governed by the *Residential Tenancies Act (2006)*.

## Guide to Rental Housing in Halton

Provides information that can assist in the search for safe and affordable housing including a Housing Search Checklist.

For more information, please visit **halton.ca**



## Rental units

There are rental units for older adults provided at market rental rates, affordable rent or subsidized rates (rent-geared-to-income). The following units offer affordable or subsidized rent.

### How to apply

There are three ways to apply for a rental unit:

- Option one: Call the building for a market rent or affordable rental unit.
- Option two: Call the building owner for a subsidized rental unit for buildings that do not participate in the centralized waitlist kept by Halton Access to Community Housing (HATCH).
- Option three: Call HATCH at 311 for a subsidized rent unit (RGI).

More information on HATCH can be found on page 12.

## Burlington

Aldershot Village Residence  
540 Plains Rd. E.  
Call 311 for housing

Bonnie Place I  
500 Claridge Rd.  
For subsidized rent (RGI)  
call 905-634-0046

Bonnie Place II  
500 Claridge Rd.  
For market rent/affordable rent  
call 905-634-0046

Longmoor  
41 Longmoor Dr.  
Call 311 for housing

Palmer Place  
3097 Palmer Dr.  
Call 311 for HATCH  
For market rent call 905-319-2626

Pinedale  
5250 Pinedale Ave.  
Call 311 for housing

St. Luke's Close of Burlington  
1421 Elgin St.  
Call 311 for HATCH  
For market rent call 905-681-7113

Walkers Landing  
513 Walkers Line  
Call 311 for housing

Wellington Terrace  
410 John St.  
Call 311 for housing

Westwood II  
984 Falcon Ave.  
Call 311 for housing



Woodward Park  
2424 Woodward Ave.  
Call 311 for housing

## Halton Hills

Braeside Seniors Residence  
46 Holmesway Pl., Acton  
Call 311 for housing

Cote Terrace  
171 Main St. S., Georgetown  
Call 311 for housing  
Additional support services available  
for a subsidized fee.

John Armstrong Terrace  
8 Durham St., Georgetown  
Call 311 for housing

Kin Court  
3 Hyde Park Dr., Georgetown  
Call 311 for housing

Lakeview Villa  
17 Elizabeth Dr., Acton  
Call 311 for housing

Sargent Court  
11 Sargent Rd., Georgetown  
Call 311 for housing

Residences of St. Andrews  
220 Sinclair Ave., Georgetown  
For market rent/affordable rent  
call 905-877-3897

## Milton

Bruce Apartments  
40 Ontario St.  
Call 311 for housing

Martin House Seniors Residence  
189 Ontario St. S.  
Call 311 for housing

## Oakville

John R. Rhodes Residence  
271 Kerr St.  
Call 311 for housing

Knox Heritage Place  
2191 Sixth Line  
Call 311 for HATCH  
For market rent call 905-849-0389

Oakville Senior Citizens Residence  
OSCR  
2220-2222 Lakeshore Rd. W.  
Call 311 for HATCH  
Additional support services available  
for a subsidized fee.

Rotary Gardens  
1285 Sedgewick Dr.  
Call 311 for housing

## Co-operative housing

Co-operative housing communities are a form of non-profit affordable housing that offer a mix of **market-rate** and **geared-to-income** units. Residents are “members” rather than tenants, each with the right to participate in and vote on matters related to the running of their community.

As a co-op member, you can live in your home for as long as you wish if you follow the rules of the co-op and pay your housing charge (rent).

## How to apply

In Halton, rent-geared-to-income (RGI) units are available through the Halton Access to Community Housing (HATCH). Some co-ops offer their own RGI units.

To access RGI units provided through HATCH call 311. For co-ops not linked to HATCH please contact them directly to apply.

More information on HATCH can be found on page 12.

## Burlington

\*Applemead Co-op  
3000 Driftwood Dr.  
..... 905-332-1919

\*Cavendish Co-op  
2118 Pear Tree Ln.  
..... 905-335-0280

\*Don Quixote Co-op  
1315 Maple Crossing Blvd.  
Call 311

\*Nelson Co-op  
1026 Glendor Ave.  
Call 311

Stoa Co-op  
456 Brock Ave.  
Call 311

\*Wellington Square Co-op  
205 Plains Rd. W.  
..... 905-529-7212

## Halton Hills

\*Cobblehill Homes Co-op  
53 Cook St., Acton  
Call 311

\*Morley Mills Co-op  
7 Pine Valley Trail, Georgetown  
..... 905-873-7295

## Oakville

Birch Glen Co-op  
1160 Dorval Dr.  
Call 311

\*Chautauqua Co-op  
2280 Munn's Ave.  
..... 905-842-1106

Glen Oaks Co-op  
1180 Dorval Dr.  
Call 311

\*Mariposa Co-op  
1150 Gable Dr.  
Call 311

Roedean Co-op  
350 Kerr St.  
..... 905-842-8901

\*Trafalgar Co-op  
1169 Maidstone Cres.  
..... 905-827-8729

\*Does not offer one bedroom units

# Housing with care services



## Assisted Living/ Supportive Housing/ Supports for Daily Living (SDL)

- **Assisted Living** programs are located in Burlington.
- **Supportive Housing** services are offered in Halton Hills.
- **Supports for Daily Living** programs are located in Milton and Oakville.

These programs provide older adults and adults with disabilities living in designated buildings with personal support services, so they can continue living in their homes and direct their care needs.

Support services and eligibility vary from program to program. Services may include assistance with personal care such as bathing, toileting, dressing, eating, transferring, positioning and medications and may include homemaking services such as light meal prep, light housekeeping and laundry.

Services are available to eligible older adults who live in a designated building. Services are provided daily at multiple scheduled visits throughout the day according to the individual needs and a customized care plan.

If you do not live in one of the designated buildings listed on the following page and need supports in your home, contact your Ontario Health Team and Home and Community Care Support Services to request an eligibility review and see what services are available to you.

Burlington  
Toll free..... 1-800-810-0000  
[www.healthcareathome.ca/hnhb/en](http://www.healthcareathome.ca/hnhb/en)

Halton Hills, Milton and Oakville  
Toll free..... 1-877-336-9090  
[www.healthcareathome.ca/mh/en](http://www.healthcareathome.ca/mh/en)

## How to apply

Eligibility criteria, application process and waitlists vary from program to program.

For more information about the Assisted Living/Supports for Daily Living programs, contact service providers at the phone numbers listed below.

To apply for housing contact HATCH visit [www.halton.ca](http://www.halton.ca) or call 311. More information on HATCH can be found on page 12.

### Burlington

Aldershot Village Residence  
540 Plains Rd. E.  
To apply for a unit call Burlington Ontario Health Team  
Toll free..... 1-800-810-0000

Carey House  
1401 Ontario St.  
Capability Support Services  
..... 905-681-2682

Palmer Place  
3097 Palmer Dr.  
Call AbleLiving  
..... 905-335-3166

Westwood II  
982 Falcon Blvd.  
Residents call Burlington Ontario Health Team  
Toll free..... 1-800-810-0000  
To apply for housing, call 311

Bonnie Place  
500 Claridge Rd.

To apply for housing, call 311  
Building residents call Burlington Ontario Health Team  
Toll free..... 1-800-810-0000

Wellington Terrace  
410 John St.  
To apply for housing, call 311  
Building residents call Burlington Ontario Health Team  
Toll free..... 1-800-810-0000

### Halton Hills

Christie Oaks Care Home  
128 Cobblehill Rd., Acton  
..... 519-929-9494

Cote Terrace  
171 Main St. S., Georgetown  
To apply for housing, call 311.  
..... 905-877-1198

John Armstrong Terrace  
8 Durham St., Georgetown  
To apply for housing, call 311.  
..... 905-873-8765

Lakeview Villa  
17 Elizabeth Dr., Acton  
..... 519-853-9916

### Milton

Bruce Apartments  
40 Ontario St.  
To apply call Central Registry  
..... 905-281-4443  
For more information, call 311

Martin House  
189 Ontario St., #206, Georgetown  
To apply call Central Registry  
..... 905-281-4443



For more information, call 311

## Oakville

Oakville Senior Citizens Residence  
2220-2222 Lakeshore Rd. W.

To apply call Central Registry  
..... 905-281-4443

For more information contact  
..... 905-827-4139

John R. Rhodes Seniors Residence  
271 Kerr St.

To apply call Central Registry  
..... 905-281-4443

For more information call 311

Jean and Howard Caine Apartments  
259 Robinson St.

..... 905-845-0957

## Retirement residences

Retirement residences serve older adults who may need or want help with daily living activities. They are usually privately owned and provide fee-based specialty accommodation, meals and communal programming, along with 24-hour supervision and a range of personal assistance services.

Each residence may have different eligibility requirements for applicants based on which services are available at the location. Some of the homes provide overnight or short stay respite care for older adults when they are transitioning from a hospital or when their main caregiver is unavailable.

The Government of Ontario provides

The Ontario Retirement Communities Association (ORCA) is a resource that can provide information on some retirement homes. ORCA has a checklist to help you choose the right place for you. Visit

**[www.orcaretirement.com](http://www.orcaretirement.com)**

For more information or to find out if a retirement residence is right for you, contact the Retirement Homes Regulatory Authority (RHRA) online or through their helpline. Open from 8 a.m. to 8 p.m., seven days a week.

Toll free ..... 1-855-275-7472

Email ..... [info@rhra.ca](mailto:info@rhra.ca)

**[www.rhra.ca/en](http://www.rhra.ca/en)**

The Public Register of the Retirement Homes Regulatory Authority (RHRA) has an explanation of what licensing means and the licensing status of all retirement residences.

Toll free ..... 1-855-275-7472

**[www.rhra.ca/en/register](http://www.rhra.ca/en/register)**

information on retirement residences.  
Visit [www.ontario.ca](http://www.ontario.ca)

## How to apply

Applications must be made to the individual retirement home.

## Considerations

- Usually privately owned.
- Not subsidized.
- Governed by the *Residential Tenancies Act 2006*.
- All retirement homes are regulated under *Ontario's Retirement Homes Act, 2010*, and licensed and inspected by the RHRA.
- Services vary and residences may offer a range of services from meals to 24-hour nursing supervision.
- Usually requires a 12-month lease but respite or short-term stay options may be available.
- Fees for rent and services may vary and increase over time (with notice).
- Rent increases are regulated by the provincial government.
- Fees for services are not regulated and can increase at any time at the discretion of the organization.
- May include laundry, recreation, housekeeping, medical and administrative services.
- You can take your own furnishings and personal supplies.
- You can socialize and meet new companions.

- Retirement residences often require a medical assessment before accepting a resident.
- Qualifying residents may be able to access Home and Community Care Support Services in their retirement residence (see page 3 for more information).

## Burlington

Appleby Place  
500 Appleby Line  
..... 905-333-1611

Burlington Gardens  
300 Plains Rd. W.  
..... 905-521-0888

Chartwell Christopher Terrace  
Retirement Residences  
3131 New St.  
..... 905-632-5072

Heritage Place (Village of Walkers  
Green)  
1431 Tobyn Dr.  
..... 905-315-2500

Chartwell Lakeshore Retirement  
Residence  
5314 Lakeshore Rd.  
..... 905-333-0009

LaSalle Park Retirement Community  
18 Plains Rd. W.  
..... 905-527-9300

Chartwell Martha's Landing  
2109 Lakeshore Rd.  
..... 905-637-7757

Park Avenue Manor  
924 Park Ave. W.

..... 905-333-3323

Pearl and Pine  
390 Pearl St.

..... 905-633-8300

Sunrise of Burlington Senior Living  
5401 Lakeshore Rd.

..... 905-333-9969

The Williamsburg  
1893 Appleby Line

..... 905-335-1121

Village of Tansley Woods Retirement  
Residence

4100 Upper Middle Rd.

..... 905-336-9904

Hearthstone by the Lake

100 Burloak Dr

..... 905-333-9194

### **Halton Hills**

Mountainview Residence & Terrace  
222 Mountainview Rd. N., Georgetown

..... 905-877-1800

The Gallery at Bennett Village

200 Halton Hills Dr., Georgetown

..... 905-702-1247

Amica Georgetown

224 Maple Ave., Georgetown

..... 905-702-1555

Edgewater Senior Living

11 John St., Georgetown

..... 905-877-6111

### **Milton**

Birkdale Place

611 Farmstead Dr.

..... 905-636-6300

Martindale Gardens  
45 Martin St.

..... 905-693-8592

Seasons Milton

760 Bronte St. S.

..... 905-864-6888

### **Oakville**

Amica at Bronte Harbour

160 Bronte Rd.

..... 905-842-8167

VIVA Oakville

1 Sixteen Mile Dr.

..... 289-725-6000

Churchill Place

345 Church St.

..... 905-338-3311

Toll free..... 1-877-929-9222

Chartwell Oakville Retirement  
Residence

180 Park Ave Blvd.

..... 905-257-0095

Chartwell Waterford Retirement  
Residence

2160 Baronwood Dr.

..... 289-644-2950

Delmanor Glen Abbey

1459 Nottinghill Gate

..... 905-469-3232

Oakville Estates Retirement Residence

..... 289-952-8092

The Kensington Oakville

25 Lakeshore Rd. W.

..... 905-844-4000

Palermo Village Retirement Residence  
3136 Dundas St. W.

..... 905-582-0395

Queens Avenue Retirement Residence  
1056 Queens Ave.

..... 905-815-0862

Sunrise of Oakville  
456 Trafalgar Rd.

..... 905-337-1145

Trafalgar Lodge  
299 Randall St.

..... 905-842-8408

Vistamere  
380 Sherin Dr.

..... 905-847-1413

## Long-term care homes

Long-term care (LTC) homes are for those who can no longer live independently in the community and need personal and nursing care. These individuals may also need assistance with the activities of daily living as a result of physical limitations, cognitive deficits or behavioural conditions. Long-term care homes may be private, non-profit or government owned.

Making the decision to move to a LTC home is a life changing step for you and your family. It is important that you have all the information you need to choose the home that is right

for you. There are many things to consider, including the level of care you require, location, availability and cost.

### How to apply

1. Call your local Ontario Health Team. A care coordinator will:

- Determine eligibility.
- Determine your placement priority factor which will impact your wait time.
- Tell you about homes in your area.
- Tell you about costs.
- Help you to apply.

Burlington ..... 905-639-5228

Toll free..... 1-800-810-0000

Halton Hills, Milton and Oakville

..... 905-855-9090

Toll free..... 1-877-336-9090

2. Choose a long-term care home:

- Visit the homes you are interested in before applying.
- Ask the right questions when you visit.
- Read the Ministry of Long-Term Care’s report about each home.

3. Apply for care:

- Once your Ontario Health Team has determined that you are eligible you can apply to a maximum of five homes in order of preference. The homes you chose may impact the length of time you wait.

#### 4. Wait for an offer:

- If your application is accepted by the homes you may have to wait until a bed becomes available.
  - Placement priority factor.
  - The number of beds that become available each month.
  - If you have requested a private, semi-private or basic room.

If you refuse the offer, your application to **all** chosen homes will be cancelled. In this case, you cannot reapply for 12 weeks after the day you were removed from the waiting list, unless there is a significant change in your condition or circumstance.

## Resources

Burlington

[www.healthcareathome.ca/hnhb/en/Getting-Care/Getting-Long-Term-Care](http://www.healthcareathome.ca/hnhb/en/Getting-Care/Getting-Long-Term-Care)

Halton Hills, Milton and Oakville

[www.healthcareathome.ca/mh/en/Getting-Care/Getting-Long-Term-Care](http://www.healthcareathome.ca/mh/en/Getting-Care/Getting-Long-Term-Care)

[www.ontario.ca/page/find-long-term-care-home](http://www.ontario.ca/page/find-long-term-care-home)

AdvantAge Ontario

For more information, contact

AdvantAge Ontario

..... 905-851-8821

[www.advantageontario.ca](http://www.advantageontario.ca)

## Considerations

- Waitlists may limit choice of home or suite option (basic, semi-private or private).
- Services include 24-hour nursing supervision, assistance with eating, dressing, bathing, going to the washroom, walking, occupational therapy and physio-therapy, as well as regular and emergency medical care.
- The resident and the Ministry of Health and Long-Term Care (MOHLTC) share the cost of care. Rates are set by the MOHLTC and are the same throughout Ontario.
- If you don't have enough income to pay for the basic room you may be eligible for a subsidy. The subsidy is not available to people requesting semi-private or private rooms.
- The care received in all types of rooms is the same.
- Respite or short-term stay options may be available.
- Limited personal furnishings and belongings are allowed.

For concerns regarding long-term care homes, call ServiceOntario's long-term care action line, available seven days a week from 8:30 a.m. to 7 p.m.  
Toll free ..... 1-866-434-0144



## **Burlington**

Billings Court Manor  
3700 Billings Ct.  
..... 905-333-4006

Brant Centre  
1182 North Shore Blvd. E.  
..... 905-639-2848

Burloak Long-Term Care Centre  
5959 New St.  
..... 905-639-6389

Cama Woodlands Nursing Home  
159 Panin Rd.  
..... 905-681-6441

Creek Way Village (Halton Region)  
5200 Corporate Dr.  
Call 311

Hampton Terrace Care Centre  
75 Plains Rd. W.  
..... 905-631-0700

Maple Villa Nursing Home  
441 Maple Ave.  
..... 905-639-2264

Mount Nemo Christian Nursing Home  
4486 Guelph Line  
..... 905-335-3636

The Village of Tansley Woods  
4100 Upper Middle Rd.  
..... 905-336-9904

Wellington Park Care Centre  
802 Hagar Ave.  
..... 905-637-3481

## **Halton Hills**

Bennett Health Care Centre

1 Princess Dr., Georgetown  
..... 905-873-0115

Extencicare Halton Hills  
9 Lindsay Ct., Georgetown  
..... 905-702-8760

## **Milton**

Allendale (Halton Region)  
185 Ontario St. S.  
Call 311  
May have respite beds available

## **Oakville**

Northridge Long-Term Care Centre  
496 Postridge Dr.  
..... 905-257-9882

Post Inn Village (Halton Region)  
203 Georgian Dr.  
Call 311

The Waterford  
2140 Baronwood Dr.  
..... 905-827-2405  
Toll free..... 1-855-461-0685

West Oak Village  
2370 Third Line  
..... 905-469-3294

Wyndham Manor  
291 Reynolds St.  
..... 905-849-7766

## **Specialized housing**

Housing that provides support for individuals with specific needs to manage a mental illness or addiction.

## How to apply

Apply to each individual program.

### Summit Housing and Outreach Programs

Supportive housing for individuals with a diagnosed serious mental illness.

Acton..... 519-853-1466

Milton ..... 905-876-3957

Oakville..... 905-847-3206

**summithousing.ca**

### Community Living

Provides residential support to adults with developmental disabilities in Burlington, Halton Hills, Milton and Oakville. To apply call Developmental Services Ontario/Central West.

Toll free..... 1-888-941-1121

### Support & Housing–Halton

Offers different housing options for those with mental health issues or addictions.

1-833-845-9355

**supporthouse.ca**

### Independent Living Halton

Deborah’s Home is a five-bedroom, fully wheelchair accessible home for those aged 16 and older requiring around-the-clock personal and homemaker care.

Milton ..... 905-878-6722

### Capability Support Services – Carey House

Provides 24-hour attendant care for

adults with physical disabilities. This service is provided to 10 adults in a group setting.

..... 905-681-2682

## Housing with related supports

Formerly known as domiciliary hostels, this housing provides accommodation, meals and assistance with daily living activities for adults living with severe and chronic mental illnesses or cognitive difficulties and impairments.

## How to apply

Please contact the Integrated Housing Worker at 905-825-6000, ext. 2774 or call 311 from within Halton for information on the application process.

Bethany Residence

2387 Industrial St., Burlington

..... 905-335-3463

Millhouse Resthomes

34 Mill St. W., Acton

..... 519-853-5306

14022 Churchill Rd. N., Acton

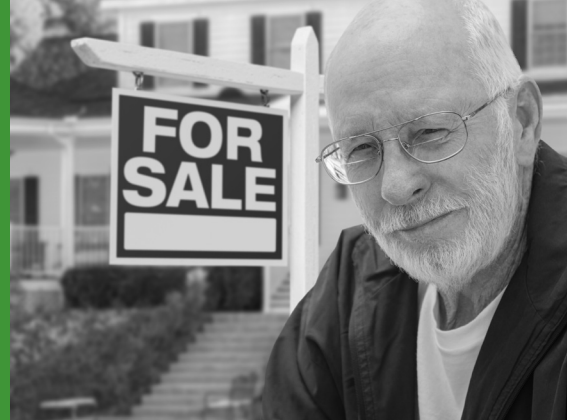
..... 519-853-9773

Parkside Rest Home

58 Main St. N., Acton

..... 519-853-0148

# Appendix A: Is it time to move or make a change?



The decision to move or change your living arrangements—at any stage of life—is a big one. You want to make sure that any new housing options will meet your personal needs. Renovating your current home may be another option to consider.

If you find a different housing option that you would like to consider,

compare it with your current living situation to help you make an informed decision. Complete the chart below to help you decide if you should stay where you are currently living or consider another option for your residence. You may want to add your own unique living requirements to your assessment, such as suitability, pets, and so on.

<b>Considerations</b>	<b>Current situation</b>	<b>Future option</b>
<b>Accessibility</b>		
Can you get in and out of the home easily?		
Are there areas in the home that are difficult for you to move around in?		
Can you move easily in and out of the bathroom?		
Could you renovate the home to fix accessibility problems?		
Can friends and family visit easily? Consider access to the building and parking spots.		
<b>Transportation</b>		
Is public transit easy for you to access?		
Is there a bus shelter with seating nearby?		

<b>Considerations</b>	<b>Current situation</b>	<b>Future option</b>
Is door-to-door transportation available in the community for those with physical limitations?		
<b>Affordability</b>		
What is the cost of renovating your home versus moving to a new location? Which option is best?		
What is the cost of keeping your home, including utilities, taxes, insurance, transportation and a mortgage? How does this compare with other options (for example, apartment, retirement home, smaller home)? Which location is more affordable at this time?		
What option do you think will be more affordable in the future?		
<b>Neighbourhood safety and security</b>		
Do you feel safe in your current home/neighbourhood? Would you feel safe in a new home/neighbourhood?		
Do you feel comfortable and safe walking in the neighbourhood? Consider traffic, sidewalk conditions, curbs and hills.		
Are the streets well lit at night?		
Are there benches and other places to sit throughout the neighbourhood or shopping district?		
Are there sidewalks throughout the community?		
If the community has sidewalks, are the curbs sloped?		
Do the traffic lights or walk signals give you enough time to cross the streets safely?		
Is there a mailbox within walking distance?		

<b>Considerations</b>	<b>Current situation</b>	<b>Future option</b>
Is the post office/service outlet accessible?		
Is the location suitable for pets?		
<b>Personal services</b>		
<p>Are the services that you need now or possibly in the future, available?</p> <p>For example:</p> <ul style="list-style-type: none"> <li>• help with cleaning or chores such as snow removal, lawn mowing</li> <li>• support with medications</li> <li>• help with meals</li> <li>• personal support (help with bathing or dressing)</li> <li>• hair dresser/barber</li> </ul>		
Are the services you need affordable?		
Are doctors, dentists and other medical professionals (such as specialists) available in the area? If not, would you be able to travel to medical appointments with your current doctor(s) or dentist?		
<b>Shopping</b>		
Can you easily get your groceries, medication, clothes and other necessities? Is home delivery offered in the community?		
Can you shop and run errands during bad weather?		
Are you able to get to your bank (home branch)? Are there other branches of your bank close to your future location?		
<b>Socializing</b>		
Is the location close to family, friends, restaurants, places of worship, libraries or other social opportunities?		
Are you close to someone who can help you when you cannot shop, run errands or have an emergency?		



# Appendix B: Important tips to make your living space safe



## Floors and hallways

- Remove all loose mats or ensure they are firmly secured with a non-slip underlay.
- Arrange furniture to provide easy access to rooms, entrances and exits.
- Remove cords, run them under carpets or tape them to the floor.
- Place any pet beds away from house traffic.
- Use a bell on your pet's collar so that you'll always know when they're coming near you.

## Lighting

- Make sure you can easily switch on a light from your bed.
- Use good lighting where you keep your medication.
- Ensure your lights are bright enough for you to see clearly, especially along stairs and steps.
- Keep the bathroom light on at night to help you find your way.
- Nightlights (motion-activated) are an inexpensive way to provide light to dark hallways.





## Stairs and steps

- Move the laundry upstairs to eliminate using the stairs.
- Stairs may need extra lighting – lights that turn on automatically when they detect motion are recommended.
- Handrails on both sides of your staircase are preferable. Ensure handrails extend the full length of the staircase.
- Paint edges of steps white or yellow to see them better or apply contrasting non-slip adhesive to edges of the steps.



## Kitchen

- Clean up spills when they happen, so you don't accidentally step in them and slip.
- Wear rubber soled shoes in your kitchen to prevent slips and falls.
- Arrange your kitchen so the most frequently used items, such as the microwave, is easy to reach. It is recommended to be above the hip and below eye level.
- Put lighter items higher and heavier items in lower cupboards.
- Under-the-counter slide-out drawers (or rotating shelves) are easier to access than fixed shelves.



## Bathroom

- Store your shampoo and soaps so they are easy to reach to reduce bending and twisting.
- Have a licensed contractor install proper grab bars (towel racks are not meant to handle human weight).
- Add a shower chair to help prevent falls while showering and drying.
- Put non-slip adhesives on your bathtub floor.
- Consider a walk-in shower or tub (or further renovations if you use a wheelchair).
- Consider installing a raised toilet seat. You can get one from your nearest home improvement store.
- Ensure electrical receptacles use ground fault protection.



## Living room and bedroom

- Consider using chairs with handles, less cushioning and more height to ensure that transfers are safer and easier. Dining room chairs often work well. Electric lift chairs are also a good option.
- Place your phone near the bed and living room chair so it can be easily answered.
- Consider getting a bed rail to help you get in and out of a low or soft bed.
- Check the layout of your furniture for easy movement with wheelchairs and walkers.
- Add nightlights (motion-activated) to provide light for moving around at night.

## Outside your home

- Ensure walkways have adequate lighting.
- Beware of uneven surfaces and repair them quickly.
- Consider installing a railing on outdoor steps.
- Motion detecting lights help prevent falls and discourage strangers from approaching your house.
- Apply non-slip adhesive tread to steps or paint edges of steps in yellow or white to make them easier to see.
- Keep pathways and stairs clear of tools and other items.



## Resources

Fall prevention  
[www.halton.ca](http://www.halton.ca)

ConnectCARE - Halton Healthcare Services and Joseph Brant Hospital  
Toll free..... 1-800-665-7853  
[www.connectcarehalton.ca](http://www.connectcarehalton.ca)

Fisher Centre for Alzheimer's Research Foundation  
[www.alzinfo.org](http://www.alzinfo.org)

Canada Mortgage and Housing Corporation (CMHC) offers a number of helpful guides, including:

- **Self-Assessment Guide:** Learn about the types of home adaptations that suit you.
- **Accessible Housing by Design:** Highlights renovations to make your home more accessible.
- **At Home with Alzheimer's Disease:** Offers tips for adapting the home of someone living with Alzheimer's disease.
- **Preventing Falls on Stairs:** Can help you reduce the risk of falls and injuries on stairs.

Toll free..... 1-866-389-1742  
TTY..... 1-800-309-3388  
[cmhc-schl.gc.ca](http://cmhc-schl.gc.ca)

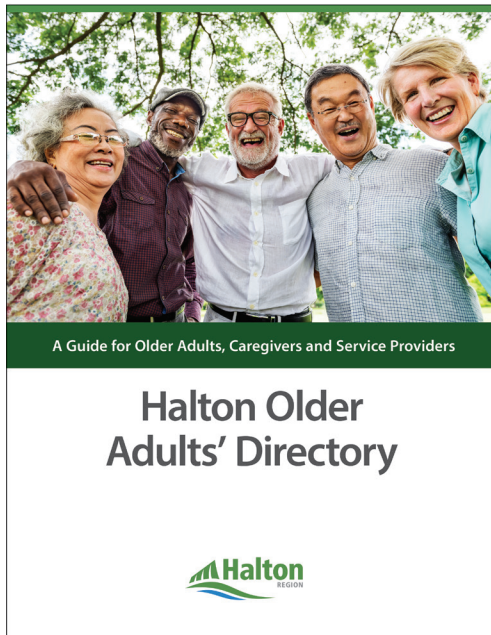




# Free publications for older adults and caregivers

## Halton Older Adults' Directory

A guide for older adults, caregivers and service providers



## Fast Fact Brochures

These pamphlets provide information on a number of topics including:

- Assistive Devices
- Coverage of Drug Costs
- Downsizing
- For Ontario Drivers Age 70 Plus
- Government Income Sources for Older Adults
- Information for Caregivers
- Internet & Social Media Safety
- Mobility Scooter Safety Tips
- Safe Driving for Older Adults
- Storing Food Safely
- Transportation Choices for Older Adults
- Wills/Power of Attorneys

You can request a copy of any of these publications by calling 311.

## Need Help in...

A one page quick reference on community services specific to where you live:

- Burlington
- Halton Hills
- Milton
- Oakville

Call 311 or visit [www.halton.ca](http://www.halton.ca)

