

How to Help with Outbreak Control

For Residents, Families and Visitors

Type of Outbreak: _____

Date Outbreak Declared: _____

Location(s): _____

Before visiting:

- ✓ Use alcohol-based hand rub when you arrive and after you leave.
- ✓ Sign in and out at reception.
- ✓ Limit your visit to one resident only, if possible.
- ✓ Please check with the nurse before visiting. You may be asked to wear a gown, mask and/or gloves.
- ✓ Ask the nurse about any resident outings and/or appointments. Resident activities may be restricted or cancelled.
- ✓ Get your flu shot every year to protect yourself, residents and staff.
- ✓ Do not visit if you feel unwell or have any of the following:
 - fever
 - new or worsening cough
 - shortness of breath
 - sore throat/hoarse voice
 - vomiting
 - diarrhea
 - new or worsening rash

