



# HALTON REGION PUBLIC HEALTH • Office of the Medical Officer of Health

TEL: 905-825-6000 • TOLL FREE: 1-866-442-5866 • FAX: 905-825-1444

TO: Halton Physicians, Nurse Practitioners, Emergency Departments, other Healthcare Providers

FROM: Dr. Deepika Lobo, Associate Medical Officer of Health

DATE: January 5, 2024

RE: Register for January 24 webinar re. "Spotlight on Child Development: Early Identification and Intervention in a Post-pandemic Era"

### **QUICK FACTS**

- Register now for the upcoming Mainpro+ accredited webinar (January 24 from 7-8 p.m.), Public Health Updates for Halton Physicians: Focus on Enhanced 18-Month Well-Baby Visit.
- Any interested healthcare professional is welcome to register.
- In 2018, **28% of Halton children** aged five were developmentally vulnerable on one or more Early Development Instrument (EDI) domains, such as physical health, language/cognitive development and communication skills. This is the highest rates seen for Halton since 2003.
- Most recent data shows that only 63% of Halton children born in 2020 have received an Enhanced 18-Month Well-Baby Visit, a critical tool to identify children needing extra supports to thrive.
- By the end of this session, participants will be able to:
  - Understand what the data tells us about developmental vulnerability of children in Halton, including the impacts of COVID-19 and community concerns about child development.
  - o Be able to identify children at greater risk for developmental vulnerability.
  - o Understand the benefits of regular monitoring and surveillance of development from birth.
  - Recognize the importance of proactive early referral to services for any developmental concern.
  - Know where to access resources and tools to support regular developmental monitoring, including the Enhanced 18-Month Well-Baby Visit.
  - o Know how to refer families to available community supports in Halton Region.
- Keynote speaker is Dr. John Cairney, Professor and Head of the School of Human Movement and Nutrition Sciences at the University of Queensland, and co-Director of the Infant Child and Youth Health (INCH) lab under the Department of Family Medicine at McMaster in partnership with Brock University, McMaster University and the University of Queensland.

### ADDITIONAL RESOURCES

- <u>Public Health Updates for Halton Physicians: Focus on Enhanced Well-Baby Visit</u>, Halton Region
  Public Health
- <u>Infant, Toddler and Preschool Age Children Information for Physicians</u>, Halton Region Public Health

Please report all suspected/confirmed cases of <u>Diseases of Public Health Significance</u> (only report COVID-19 cases occurring in high-risk settings) to Public Health immediately by calling 311, 905-825-6000 or toll free at 1-866-442-5866.

PLEASE PROVIDE A COPY TO ALL PHYSICIANS IN YOUR OFFICE AND/OR POST IN EMERGENCY DEPARTMENTS AND PHYSICIAN LOUNGES. IF YOU HAVE ANY ISSUES WITH THIS ATTACHMENT, PLEASE EMAIL DOCTORS@HALTON.CA.









Public Health Updates for Halton Physicians: Focus on Enhanced 18-Month Well-Baby Visit

# **Spotlight on Childhood Development:** Early Identification and Intervention in a Post-Pandemic Era



A Mainpro+ accredited CME hosted by Halton Region Public Health

Date: Wednesday, January 24, 2024

Time: 7-8 p.m.

Register: Online (registration form)

In 2018, 28% of Halton children were developmentally vulnerable on one or more Early Development Instrument (EDI) domains at age 5.

Most recent data shows that only 63% of children born in 2020 have received an Enhanced 18-Month Well-Baby Check, a critical tool to help children thrive.

Join Halton Region Public Health for a Mainpro+ accredited CME update on the importance of early identification, intervention and referral in child development. Presentation will be tailored based on your questions and will include a live question and answer session.

# Learning objectives:

# Overall series learning objective:

By attending the Public Health Updates for Halton Physicians series, participants will be able to identify and discuss relevant and recent information about approaches to the prevention, diagnosis and management of key public health issues impacting their family medicine practice in both rural and urban settings.

# Keynote Speaker:

Professor John Cairney BA (Hons), MA, PhD

## Learning objectives for this session:

By the end of this session, participants will be able to:

- Understand what the data tells us about developmental vulnerability of children in Halton, including the impacts of COVID-19 and community concerns about child development.
- Identify children at greater risk for developmental vulnerability.
- Understand the benefits of regular monitoring and surveillance of development from birth.
- Recognize the importance of proactive early referral to services for any developmental concern.
- Know where to access resources and tools to support regular developmental monitoring, including the Enhanced 18-Month Well-Baby Visit.
- Know how to refer families to available community supports in Halton Region.

This one-credit-per-hour group learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for 1 Mainpro+® credit. This program is part of a series that has been certified for up to 5 Mainpro+® credits.