Special Transit

Burlington Handi-van	905-639-5158
Burlington Taxi Scrip Program provide subsidy for taxi costs for eligible seniors	905-639- 5158
Halton Hills Activan	905-873-2601 ext. 2617
Milton Specialized Transit	905-878-7252 ext. 2165
North Halton Rides	905-875-1459
Oakville Care-A-Van	905-337-9222
Oakville Community Bus	905-815-2020

Taxi Services

Acton	
Blue Springs	519-853-0024
Burlington	
*A&A Deluxe	905-333-3000
*Burlington Taxi	905-333-3333
Georgetown	
McKab	905-877-1234
Milton	
Milton Taxi	905-875-2994
Oakville	
*Halton	905-844-4300
*United	905-338-0044

*indicates wheelchair accessibility

Grocery Delivery

Dominion (Oakville)	905-849-4911
Grocery Gateway (Longos delivery to Burlington, Georgetown & Oakville)	905-564-8778 Toll free: 1-877-447-8778
Sobeys (Acton)	519-853-1960

Bus Services to Grocery Stores

A&P (Georgetown)	905-877-5145
A&P (Milton)	905-878-3363
Fortinos (Plains Rd., Burlington)	905-634-1591
Sobeys (Acton)	519-853-1960

Available Courses

Drive Wise

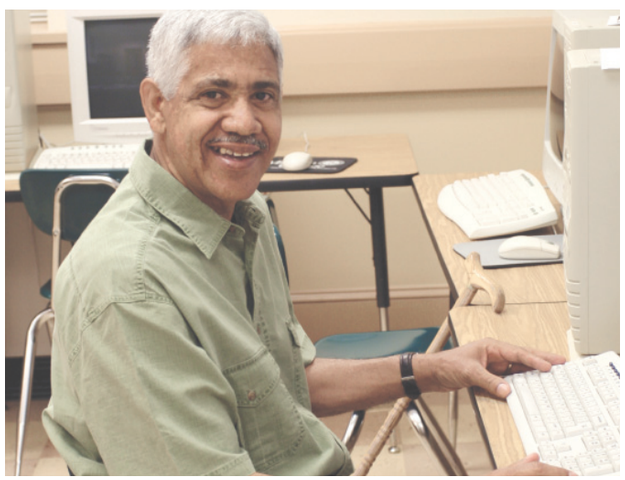
A one hour presentation aimed to help improve the safety of senior drivers.
Contact: 905-878-5511 ext 5064 or www.50plus.com Click on CARP

Cost: Free (sponsored by CARP)

55 Alive Driver Refresher Course

An eight hour classroom course designed/taught by mature drivers, aged 50+ years
Contact: Canadian Safety Council at 613-739-1535 or www.safety-council.org/training/55alive/55alive.htm

Cost: $35 per book plus instructor cost



Private Driving Schools

Private driving schools can provide in-class and in-car training.
Cost: $30 - $50 per hour.

Check phone book yellow pages under Driving Instruction for local agencies.

Halton a World Class Place To Be.

For more information, contact

Halton Region

905-825-6000
Toll free: 1-866-4HALTON (1-866-442-5866)
TTY: 905-827-9833
www.halton.ca

Seniors and Driving

March 2007

Fast Facts

Halton a World Class Place To Be.

Elder Services Advisory Committee (ESAC)

Introduction

Driving is a community responsibility involving seniors, caregivers, physicians, driving schools and community members.

As people age, their driving skills can be affected by such things as changes in vision and reaction times. Medical conditions such as stroke and dementia can also affect ability to drive. By understanding changes in the aging process, and learning how to compensate for them, one can drive more safely.

It is also important to learn new ideas/ tips in safe driving practices.

Although some of the courses may have associated costs, they can be justified as an investment in independence.

Ministry of Transportation

At age 80 years, and for every 2nd year thereafter, the ministry requires seniors to enrol in the ***Seniors Driver Renewal Program.***

This includes:

- A vision test
- 90 minute education session
- A written test
- A road test **may** be required

For more information call 1-800-387-3445 or go to Ministry of Transportation www.mto.gov.on.ca

Physician's Considerations

The Canadian Medical Association has developed a guide, Determining Medical Fitness to Drive to assist physicians.

The guide outlines the physician's role as follows:

- Consider the interest of the patient and the welfare of the community
- Assess physical disabilities and mental and emotional fitness to drive
- The physician should advise the patient of the possible effects on any prescribed medication on driving
- If the physician believes that the patient is unfit to drive, he/she must notify the patient and the Ministry of Transportation.

For more information you can visit the Canadian Medical Associations website at www.cma.ca

Assessment Centres

Assessment Centres provide clinical tools for measuring driving competency. A physician referral is often required.

DriveABLE

245 Commercial Street Milton
Contact: 1-888-881-3414
Cost: $475-$525
No physician referral required

Driver Rehabilitation

Hamilton Health Sciences – Chedoke
Contact: 905-521-2100 ext. 77127
Cost: $525

Driving Assessment Program

St Joseph's Health Centre Guelph
Contact: 519-767-3414
Cost: $275 -$350

Alternative Transportation

For information on a variety of services (shopping trips, agency programs, etc), call your local Information Centre:

Acton	519-853-3310
Burlington	905-639-4212
Georgetown	905-873-6502
Milton	905-875-4636
Oakville	905-815-2046

Public Transportation

Burlington Transit	905-639-0550
GO Transit	416-869-3200
toll free	1-888-438-6646
Milton/Oakville Transit	905-815-2020

Volunteer Driving Pools

Canadian Cancer Society	
Burlington	905-332-0060
Milton	905-878-9286
Oakville	905-845-5231
Cancer Assistance Services	
Halton Hills	905-702-8886
Canadian National Institute for the Blind (CNIB)	905-275-5332
toll free	1-888-275-5332
Canadian Red Cross	
Burlington	905-637-3380
Halton Hills/Milton	905-875-1459
Oakville	905-845-5241
St. Joseph's Home Care	905-522-6887
toll free	1-800-463-6612