

## HALTON REGION PUBLIC HEALTH • Office of the Medical Officer of Health

TEL: 905-825-6000 • TOLL FREE: 1-866-442-5866 • FAX: 905-825-1444

TO: Halton Physicians, Nurse Practitioners, Emergency Departments, other Healthcare Providers

FROM: Dr. Deepika Lobo, Acting Medical Officer of Health

DATE: February 12, 2024

RE: Register today for two local physician webinars on addiction and optimizing prenatal care

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### QUICK FACTS

- The Halton Physician Association is hosting two upcoming virtual seminars for physicians:
  - Thursday, February 15 at 7 p.m. "[Understanding and Supporting Patients Experiencing Addiction](#)" led by the Halton RAAM Clinic Medical Director and Addiction Medicine Physician, Dr. Darren Holub.
  - Wednesday, February 28 at 7-8:30 p.m. "[Optimizing Prenatal Care](#)" led by Dr. Subani Selvarajah, Chief of Family Medicine, Oakville site at Halton Healthcare and Dr. Margaret Cawkwell, Chief of Family Medicine Obstetrics.
- Substance misuse information for health care providers can be found at [halton.ca/physicians](https://halton.ca/physicians), including Halton-specific recorded webinars:
  - [Clinical implications of Canada's Guidance on Alcohol and Health](#), March 8, 2023
  - [Supporting your patients during Canada's opioid crisis](#), June 22, 2022
- [Pregnancy and postpartum programs and support](#) can also be found at [halton.ca/physicians](https://halton.ca/physicians), including:
  - [Perinatal Mood Disorder crisis help lines and screening tools](#)

### ADDITIONAL [PRENATAL SUPPORTS AND SERVICES](#) FROM HALTON REGION

- Prenatal Supports Available to ALL Patients:
  - [HaltonParents](#)
  - [Halton Online Prenatal Classes](#)
  - [Virtual Prenatal Breastfeeding Class](#)
- Prenatal Services Available to Patients Requiring EXTRA Support (i.e., young, isolated, new to Canada, financial challenges, etc.):
  - [Halton Prenatal Nutrition Program \(HPNP\)](#)
  - [Healthy Babies Healthy Children \(HBHC\)](#)

### ADDITIONAL RESOURCES

- [haltonphysicianassociation.ca](https://haltonphysicianassociation.ca) – Halton Physician Association
- [Preconception Health Care Tool](#) – Centre for Effective Practice
- [EMR Preconception Health Care Tool](#) – Centre for Effective Practice
- [Halton & Mississauga Rapid Access Addiction Medicine Clinic](#)

Please report all suspected/confirmed cases of [Diseases of Public Health Significance](#) (only report COVID-19 cases occurring in high-risk settings) to Public Health immediately by calling 311, 905-825-6000 or toll free at 1-866-442-5866.

PLEASE PROVIDE A COPY TO ALL PHYSICIANS IN YOUR OFFICE AND/OR POST IN EMERGENCY DEPARTMENTS AND PHYSICIAN LOUNGES. IF YOU HAVE ANY ISSUES WITH THIS ATTACHMENT, PLEASE EMAIL [DOCTORS@HALTON.CA](mailto:DOCTORS@HALTON.CA).